

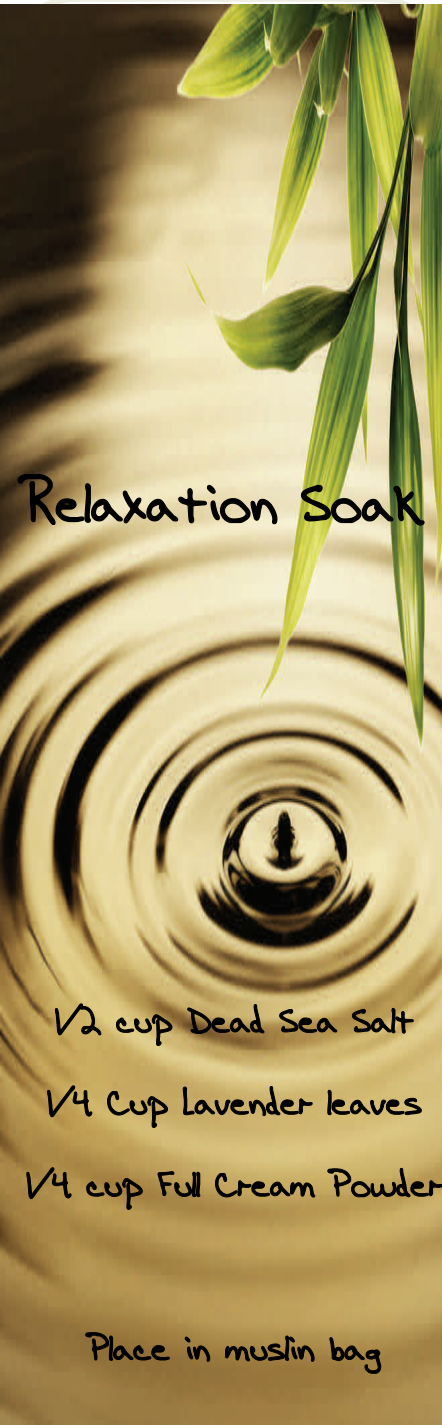


Lavender Scrub

- 1/4 cup Epsom Salt
- 1/4 cup grapeseed oil
- 2 tsp lavender powder
- 3 drops lavender oil

Herbal Soak

- 1/2 cup Dead Sea Salt
- 1/4 cup Green Tea leaves
- 1/4 cup peppermint leaves
- 2 drops Peppermint oil
- 2 drops lavender oil
- Place in muslin bag



Relaxation Soak

- 1/2 cup Dead Sea Salt
- 1/4 Cup Lavender leaves
- 1/4 cup Full Cream Powder
- Place in muslin bag



Oatmeal Milk & honey Soak

- 1/2 cup full cream powder
- 1/2 cup honey powder
- 1/2 cup oatmeal
- (Place in muslin bag)



Mojito Body Polish

1/2 cup Sugar Crystals
1/2 cup Sunflower Oil
4 Tsp. Peppermint Leaves
10 Drops Peppermint Oil
15 Drops Lime Oil



Java Scrub

1/2 cup coconut butter
4 Tablespoons Coffee



Pedi Scrub

1/4 cup tsp. ground pumice
1 1/2 cups butter base
14 drops essential oil

DO NOT

Use on face



Oatmeal

Milk & honey

Soak

1/2 cup full cream powder
1/2 cup honey powder
1/2 cup oatmeal

(place in muslin bag)